

1-on-1 Coaching

Mindset, Lifestyle, Goal Achievement

Where You Are

Where You Want to Go

How To Move Ahead

Making It Real

Real. Simple. Run Your Own Race.



1-on-1 Coaching

OUR FRAMEWORK | WHAT WE'LL DO

DISCOVERY - WHERE YOU ARE

We're going to dive into **what's really important to you**, where you really feel you are at this stage of your journey and, perhaps most importantly, **where you wish to go** and why.

POSSIBILITY - WHERE YOU WANT TO GO

Here we can start focusing on how to find your "wings;" letting go of whatever might be holding you back with an eye toward **possibility** instead of problems & **continual growth** rather than a fixed, fear-based mindset.

EMPOWERMENT - HOW TO MOVE AHEAD

We **chart a course forward**, working with what you already have to take the first steps **toward where you wish to go**.

ACTION + ACCOUNTABILITY - MAKING IT REAL

We **engage in manifesting your future** by "running your own race," at your own pace, **one step at a time**. As we follow up and keep things moving, it's simply a matter of **acting, monitoring and adjusting**; acting, monitoring and adjusting.

Real. Simple. Run Your Own Race



What's Included:

Two (2) 1-on-1 sessions via Skype, Zoom or phone

Each session up to 60 minutes in length

Prep work & follow-up for both sessions

Email access to me between sessions

(on a "keep it reasonable" basis to which we'll agree at the outset)

Investment: \$200 CDN

Bonus: An annual membership to "The Turtle Tribe" online mentorship and mastermind community (\$39.99 value)

Want to continue?

Individual sessions are \$75 each after your first two.

What "Turtle Tribe" Members Have Said:

"Kevin always leads by example. The support is phenomenal."

- Tokilupe Nadz

"I really love how you so willingly share every part of your journey to help others – thank you!"

- Rachel Jenkins

"I was feeling completely alone and hopeless, but now that loneliness and hopelessness has transformed into new opportunities for learning about myself ... Thank you Kevin for putting together this wonderful group and for being there in this time of need."

- Francisco Anglade



Contact Kevin Bulmer To Get Started:

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